

# Piero Bianciardi



Piero was born in Siena. He attended the University of Medicine in Siena for five years, interrupted to dedicate himself exclusively to studies in holistic disciplines and alternative medicine which had begun in parallel, yoga, in particular Hatha Yoga and Viniyoga, Taijiquan and Shaolin Chuan under the guidance of the master Chang Dsu Yao and the Bernabei school of Siena, shiatsu at maestro Clemente Cocchiola school and acupuncture with the prof. Nguyen Vanghi in Florence.

Attracted to the research of movement in contemporary dance he studied for several years with the master Dominique Dupuis, contac dance with various teachers of international level and sacred movements and dances of Gurdjeff with Shurta. Obtains 1st Dan in Taijiquan and Shaolin Chuan with master Chang Dsu Yao, and the diploma as a yoga teacher at the Efoa School in Rome with Francoise Berlette and as a shiatsuka shiatsu practitioner.

The "activity operator" qualification diploma Motor skin" at the University of Medicine of Siena and as a Feldenkrais practitioner in the training of the Feldenkrais method in Florence 1. For many years he taught Yoga and metod Feldenkrais in Siena and Chianti region, he developed his own method of teaching yoga, Feldenyoga and a method of practice in water as the Feldenwater. Practice and study Dong Style Taijiquan with master Alex Dong. Practice Aikido at the Renwakai School with master Massimilano Perini and master Alain Tendron who is teaching with the grade of 2th Dan. He dances tango and studies it with various teachers including Chicho Frumbuli and Pablo Moyano. Participate for many years in Family Constellation seminars with Carl Peter Strommer and Bert Hellinger and obtains the diploma of Systemic Family Constellator at Hellinger Bert and Marie Sophie Hellinger Schule. He teaches as an assistant trainer of the Feldenkrais method in Siena and Florence and as a teacher in various trainings in Italy and In the world.